

2021 April Group Fitness Schedule

*****Schedule effective APRIL 12th!*****

GREEN CLASSES are new classes or time slots!

LAUNCH NEW CLASSES & NEW RELEASES April 12th-17th!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am		BODYCOMBAT Jessica			BODYPUMP Bobby	
8:30am	BODYPUMP Rachael	ZUMBA Yajaira	ZUMBA Bobby	BODYPUMP with Lisa is COMING IN MAY!	BODYCOMBAT Lisa & Morgan	BODYPUMP Jessica
9:30am					STRETCH & MEDITATE Morgan	CYCLING Lizzie
5:30pm	CYCLING Lizzie	BODYPUMP Kristie	CYCLING Lizzie YOGA with Melissa COMING IN MAY	BODYPUMP Kourtney		
6:30pm	ZUMBA Chanel					
6:45pm		BODYJAM with Morgan is COMING IN MAY!		BODYCOMBAT Ashley		
7:00pm			HIP HOP Stephanie			

