

# 2021 April Group Fitness Schedule

**\*\*\*Schedule effective APRIL 12<sup>th</sup>!\*\*\***

**BLUE CLASSES** are new classes or time slots!

## **LAUNCH NEW CLASSES & NEW RELEASES April 12<sup>th</sup>-17<sup>th</sup>!**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am		<b>BODYCOMBAT</b> Jessica			BODYPUMP Bobby	
8:30am	BODYPUMP Rachael	<b>ZUMBA</b> Yajaira	ZUMBA Bobby	<b>BODYPUMP</b> with Lisa is COMING IN MAY!	<b>BODYCOMBAT</b> Lisa & Morgan	BODYPUMP Jessica
9:30am					<b>STRETCH &amp; MEDITATE</b> Morgan	CYCLING Lizzie
5:30pm	CYCLING Lizzie	BODYPUMP Kristie	CYCLING Lizzie <b>YOGA</b> with Melissa COMING IN MAY	BODYPUMP Kourtney		
06:45:00 PM		<b>BODYJAM</b> with Morgan is COMING IN MAY!		BODYCOMBAT Ashley		
7:00pm	<b>ZUMBA</b> Chanel		<b>HIP HOP</b> Stephanie			