Fit for Life 24

MAY 2022 GROUP FITNESS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00AM 5:00 PM 5:30PM 6:00PM	6:00AM BODYATTACK DENISSE 6:00 PM BODYATTACK DENISSE	6:00 AM BODYPUMP TAMEKA 5:00 PM YOGA JILL	6:00 PM BODYPUMP TRACEY	6:00 AM BODYPUMP TRISHA 6:00 PM BODYCOMBAT JEN	6:00 AM CYCLE TAMEKA 5:30 PM BODYPUMP CHRIS	8:30 AM BODYPUMP (TAMEKA) 9:45 AM** Yoga Jill