

| 100% | Normal text | Oswald | - 27 + | **B** *I* U A |

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JULY 2022 GROUP FITNESS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	6:00 AM		6:00 AM	6:00 AM	8:30 AM
	BODY PUMP W/ TAMEKA		BODY PUMP W/ TRISHA	CYCLE W/ TAMEKA	BODYPUMP W/ TAMEKA

5:00PM			5:00 PM		
YOGA W/ JILL			YOGA W/ JILL		

6:00 PM	6:00 PM	6:00 PM	6:00 PM	5:30 PM	
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