



JULY 2021 GROUP FITNESS SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00AM		BODYPUMP TAMEKA		BODYPUMP TRISHA	CYCLE TAMEKA	8:30AM BODYPUMP (TAMEKA)
5:00 PM		VINYASA YOGA JILL			BODYPUMP CHRIST	
5:30PM						
6:00PM			BODYPUMP TRACEY	BODYCOMBAT JEN		
6:30PM	BODYATTACK DENISSE					