



	15	16	17	18	19	20
6:30am						
8:00AM		GRIT Strength- Bobby				
8:30AM 9:30am	Body Pump- Racheal Yoga-Hannah W		Zumba- Bobby	Body Pump- Lisa	Body Combat-Lisa Zumba-Yajjara	
5:30PM	Cycling-Stephanie			Stretch & Mobility- Cancelled		
6:00pm			Body Pump-Heather			
6:30PM	Zumba - Chanel	Body Combat – Ashley				
7:00PM			Hip Hop-Stephanie			
	22	23	24	25	26	27
6:30am						
8:00am		GRIT Strength-Bobby				
8:30AM 9:30am	Body Pump-Racheal Yoga-Hannah		Zumba – Bobby	Yoga-Hannah	Yoga- Hannah Zumba-Yajjara	Body Pump-Bobby
5:30PM	Cycling – Stephanie			Stretch & Mobility-Raven		
6:00pm			BODYPUMP -Heather			
6:30PM	Zumba - Chanel	Body Combat- Ashley				
7:00PM			Hip Hop-Stephanie			
	29	30	31	1	2	3
6:30am						
8:00AM	Happy memorial Day	GRIT Strength-Bobby				
8:30AM 9:30am			Zumba-Bobby	Body Pump-Lisa	Body Combat-Lisa Zumba-Yajaira	
5:30PM				Stretch & mobility- Raven		
6:00PM			Body Pump-Heather			
6:30PM		Body Combat-Ashley				
7:00PM			Hip Hop-STephanie			