

## GROUP FITNESS SCHEDULE NOVEMBER 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7:00AM		BODYCOMBAT Jessica		BODYJAM Kristie	BODYPUMP Bobby	
8:30AM	BODYPUMP Rachael		ZUMBA Bobby	BODYPUMP Lisa	BODYCOMBAT Lisa	BODYPUMP Jessica
9:30AM						CYCLING Patrice
5:30PM	CYCLING Stephanie	BODYPUMP Kristie	CYCLING Patrice			
6:30PM	ZUMBA Chanel			BODYCOMBAT Ashley		
7:00PM			HIP HOP Stephanie			
	8	9	10	11	12	13
7:00AM		BODYCOMBAT Hannah		BODYJAM Kristie	BODYPUMP Bobby	
8:30AM	BODYPUMP Rachael		ZUMBA Bobby	BODYPUMP Lisa	BODYCOMBAT Lisa	BODYPUMP Bobby
9:30AM						CYCLING Stephanie
5:30PM	CYCLING Stephanie	BODYPUMP Kristie	CYCLING Patrice			
6:30PM	ZUMBA Chanel			BODYCOMBAT Ashley		
7:00PM			HIP HOP Stephanie			
	15	16	17	18	19	20
7:00AM		BODYCOMBAT Jessica		BODYJAM Kristie	BODYPUMP Bobby	
8:30AM	BODYPUMP Rachael		ZUMBA Bobby	BODYPUMP Lisa	BODYCOMBAT Lisa	BODYPUMP Jessica
9:30AM						CYCLING Patrice
5:30PM	CYCLING Stephanie	BODYPUMP Kristie	CYCLING Patrice			
6:30PM	ZUMBA Chanel			BODYCOMBAT Ashley		
7:00PM			HIP HOP Stephanie			
	22	23	24	25	26	27
7:00AM		BODYCOMBAT Hannah			<h1>No Classes!</h1>	
8:30AM	BODYPUMP Rachael					
9:30AM						
5:30PM	CYCLING Stephanie	BODYPUMP Kristie				
6:30PM	ZUMBA Chanel					
7:00PM						
	29	30	1	2	3	4
7:00AM		BODYCOMBAT Jessica		BODYJAM Kristie	BODYPUMP Bobby	
8:30AM	BODYPUMP Rachael		ZUMBA Bobby	BODYPUMP Lisa	BODYCOMBAT Lisa	BODYPUMP Jessica
9:30AM						CYCLING NO CLASS
5:30PM	CYCLING Stephanie	BODYPUMP Kristie	CYCLING Patrice			
6:30PM	ZUMBA Chanel			BODYCOMBAT Ashley		
7:00PM			HIP HOP Stephanie			