



GROUP FITNESS SCHEDULE SEPTEMBER 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30	31	1	2	3	4
7:00AM		BODYCOMBAT Hannah			BODYPUMP Bobby	
8:30AM	BODYPUMP Rachael		ZUMBA Bobby	BODYPUMP Lisa	BODYCOMBAT Lisa	HAPPY LABOR DAY!
9:30AM						NO CLASSES!
5:30PM	CYCLING Stephanie	BODYPUMP Kristie	CYCLING Patrice	BODYPUMP Kourtney		
6:30PM	ZUMBA Chanel	BODYJAM Morgan/Kristie		BODYCOMBAT Ashley		
7:00PM			HIP HOP Stephanie			
	6	7	8	9	10	11
7:00AM		BODYCOMBAT Hannah			BODYPUMP Bobby	
8:30AM	HAPPY LABOR DAY!		ZUMBA Bobby	BODYPUMP Lisa	BODYCOMBAT Lisa	BODYPUMP Rachael
9:30AM	NO CLASSES!					CYCLING Stephanie
5:30PM		BODYPUMP Kristie	CYCLING Patrice	BODYPUMP Kourtney		
6:30PM		BODYJAM Morgan/Kristie		BODYCOMBAT Ashley		
7:00PM			HIP HOP Stephanie			
	13	14	15	16	17	18
7:00AM		BODYCOMBAT Hannah			BODYPUMP Bobby	
8:30AM	BODYPUMP Rachael		ZUMBA Bobby	BODYPUMP Lisa	BODYCOMBAT Lisa	BODYPUMP Bobby
9:30AM						CYCLING Stephanie
5:30PM	CYCLING Stephanie	BODYPUMP Kristie	CYCLING Patrice	BODYPUMP Kourtney		
6:30PM	ZUMBA Chanel	BODYJAM Morgan/Kristie		BODYCOMBAT Hannah		
7:00PM			HIP HOP Stephanie			
	20	21	22	23	24	25
7:00AM		BODYCOMBAT Hannah			BODYPUMP Bobby	
8:30AM	BODYPUMP Rachael		ZUMBA Bobby	BODYPUMP Lisa	BODYCOMBAT Lisa	BODYPUMP Bobby
9:30AM						CYCLING Stephanie
5:30PM	CYCLING Stephanie	BODYPUMP Kristie	CYCLING Patrice	BODYPUMP Kourtney		
6:30PM	ZUMBA Chanel	BODYJAM Morgan/Kristie		BODYCOMBAT Ashley		
7:00PM			HIP HOP Stephanie			
	27	28	29	30	1	2
7:00AM		BODYCOMBAT Hannah			BODYPUMP Bobby	
8:30AM	BODYPUMP Rachael		ZUMBA Bobby	BODYPUMP Lisa	BODYCOMBAT Lisa	BODYPUMP Bobby
9:30AM						CYCLING Stephanie
5:30PM	CYCLING Stephanie	BODYPUMP Kristie	CYCLING Patrice	BODYPUMP Kourtney		
6:30PM	ZUMBA Chanel	BODYJAM Morgan/Kristie		BODYCOMBAT Ashley		
7:00PM			HIP HOP Stephanie			