

2021 Group Fitness Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30am	BODYPUMP Rachael	BODYCOMBAT Lisa	ZUMBA Bobby	STRETCH & MEDITATE Morgan	ZUMBA Yajaira	BODYPUMP Yajaira
9:30am						CYCLING Lizzie
5:30pm	BODYJAM Morgan		CYCLING Lizzie	BODYPUMP Kourtney		
7:00pm		ZUMBA Yajaira				