

 **NOVEMBER/DECEMBER 2020 GROUP FITNESS SCHEDULE**

***THERE WILL BE NO CLASSES NOVEMBER 22ND -28TH OR DECEMBER 20TH-JANUARY 2ND***

**IMPORTANT:** **TO ATTEND CLASSES**, **YOU MUST CREATE AN ACCOUNT ON GYMPAYMENT.COM AND SIGN-UP/REGISTER AHEAD OF TIME FOR A CLASS SLOT.** ALL CLASSES WILL BE SOCIALLY DISTANCED WITH LIMITED CAPACITY. IF YOU NO SHOW TO A CLASS YOUR ACCOUNT WILL BE DRAFTED $2 EACH TIME YOU DO NOT SHOW UP. PLEASE SEE OUR FRONT DESK FOR A TIP SHEET ON HOW TO SIGN-UP FOR CLASSES.

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  |  |  |  |
| **8:30AM** | BODYPUMP Rachael | BODYCOMBAT Lisa | ZUMBA Bobby | STRETCH&MEDITATE Morgan | ZUMBA Yajaira | BODYPUMP Jessica |
| **9:30AM** |  |  |  |  |  | CYCLING Lizzie |
| **5:30PM** | BODYJAM Morgan |  | CYCLING Lizzie | BODYPUMP Kourtney |  |  |
| **6:30PM** |  |  | MIXXEDFIT Kristie |  |  |  |
| **7:00PM** |  | ZUMBA Yajaira |  |  |  |  |