



OCTOBER 2020 GROUP FITNESS SCHEDULE

IMPORTANT: TO ATTEND CLASSES, YOU MUST CREATE AN ACCOUNT ON GYMPAYMENT.COM AND SIGN-UP/REGISTER AHEAD OF TIME FOR A CLASS SLOT. ALL CLASSES WILL BE SOCIALLY DISTANCED WITH LIMITED CAPACITY. IF YOU NO SHOW TO A CLASS YOUR ACCOUNT WILL BE DRAFTED \$2 EACH TIME YOU DO NOT SHOW UP. PLEASE SEE OUR FRONT DESK FOR A TIP SHEET ON HOW TO SIGN-UP FOR CLASSES.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30AM	BODYPUMP Rachael	BODYCOMBAT Lisa	ZUMBA Bobby	STRETCH&MEDITATE Morgan	ZUMBA Yajaira	BODYPUMP Jessica
9:30AM						CYCLING Lizzie
5:30PM	BODYJAM Morgan	NEW --->	CYCLING Lizzie	BODYPUMP Kourtney		
6:30PM			MIXXEDFIT Kristie			
7:00PM		ZUMBA Yajaira				