

# March 2020

**\* MUST be signed up online to attend class**

## SMARTFIT360

## HWY 33

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 9:30 Eric HITT LB	3 9:30 Danielle BOOTCAMP	4 9:30 Eric HIIT TB	5 9:30 Danielle HIIT UB	6 9:30 Eric <i>Feel the Burn</i>	7 9:30 Trey <i>Weekend Warrior</i>
5:30 Trey HITT LB 6:00 Trey CORE BLAST 6:30 Trey HITT LB	5:30 Liz HITT UB 6:00 Liz CORE BLAST 6:30 Liz HITT UB	5:30 Trey BOOTCAMP 6:00 Trey CORE BLAST 6:30 Trey BOOTCAMP	5:30 Liz HIIT TB 6:00 Liz CORE BLAST 6:30 Liz HIIT TB		
9 9:30 Eric BOOTCAMP	10 9:30 Danielle HITT TB	11 9:30 Eric HIIT UB	12 9:30 Danielle HIIT LB	13 9:30 Eric <i>Feel the Burn</i>	14 9:30 Brian BOOTCAMP
5:30 Trey HIIT TB 6:00 Trey CORE BLAST 6:30 Trey HIIT TB	5:30 Liz HIIT LB 6:00 Liz CORE BLAST 6:30 Liz HIIT LB	5:30 Trey HIIT UB 6:00 Trey CORE BLAST 6:30 Trey HIIT UB	5:30 Liz BOOTCAMP 6:00 Liz CORE BLAST 6:30 Liz BOOTCAMP		
16 9:30 Eric HIIT TB	17 9:30 Danielle BOOTCAMP	18 9:30 Eric HIIT UB	19 9:30 Danielle HIIT LB	20 9:30 Eric <i>Feel The Burn</i>	21 9:30 Trey <i>Weekend Warrior</i>
5:30 Trey BOOTCAMP 6:00 Trey CORE BLAST 6:30 Trey BOOTCAMP	5:30 Liz HIIT UB 6:00 Liz CORE BLAST 6:30 Liz HIIT UB	5:30 Trey HIIT TB 6:00 Trey CORE BLAST 6:30 Trey HIIT TB	5:30 Liz HIIT LB 6:00 Liz CORE BLAST 6:30 Liz HIIT LB		

<p>9:30 Eric HIIT UB</p> <p>5:30 Trey BOOTCAMP 6:00 Trey CORE BLAST 6:30 Trey BOOTCAMP</p>	<p>9:30 Danielle BOOTCAMP</p> <p>5:30 Liz HIIT UB 6:00 Liz CORE BLAST 6:30 Liz HIIT UB</p>	<p>9:30 Eric HIIT TB</p> <p>5:30 Trey HIIT LB 6:00 Trey CORE BLAST 6:30 Trey HIIT LB</p>	<p>9:30 Danielle HIIT LB</p> <p>5:30 Liz HITT TB 6:00 Liz CORE BLAST 6:30 Liz HITT TB</p>	<p>9:30 Eric <i>Feel The Burn</i></p>	<p>9:30 Brian BOOTCAMP</p>
<p>9:30 Eric HIIT UB</p> <p>5:30 Trey BOOTCAMP 6:00 Trey CORE BLAST 6:30 Trey BOOTCAMP</p>	<p>9:30 Danielle BOOTCAMP</p> <p>5:30 Liz HIIT UB 6:00 Liz CORE BLAST 6:30 Liz HIIT UB</p>				